



'Speaking with Impact' Training

22nd September 05, Camborne

29th September 05, Barnstaple

4th October 05, Gloucester

24th November 05, Gloucester

Evaluation Summary

64 of 77 participants responded

Overall, what did you think of this workshop?

88% of participants rated as **Good or Excellent**

How relevant was the session to you?

93% of participants rated it as **Good or Excellent**

How well did the session meet your expectations?

93% of participants rated it as **Good or Excellent**

Trainer's style of delivery?

95% of participants rated it as **Good or Excellent**

If a close friend asked me what I felt about this workshop, I would say....

"Made me feel more confident to speak publicly."

"Do this workshop: definitely."

"Very useful – go on it!"

"It was very practical, relevant and helpful – would recommend."

"Practical and useful."

"It was less daunting than I thought."

"Very good, calmed my nerves, taught me how important preparation is."

"Useful to gain confidence in speeches."

"Really good. And would recommend it to everyone!"

"Fab, an excellent day, brilliant value for money, enjoyable, great venue."

"Relaxed, confidence building and enjoyable."

"Excellent. Well worth the day."

"Well worth doing."

"Do it!"

"Go."

"I'd recommend they go on it."

"It is a really positive experience – you leave with a real sense of achievement."

"It was very useful and well worth doing!"

"Do it."

"Great – very worthwhile."

"Scary but good"

"Go for it."

"Excellent! Well organised, supportive, useful. Great approaches used by trainers – very inclusive"

"Very useful day, especially for those who feel less confident about their delivery."

This training was provided on behalf of **Regeneration South West Network** by...

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Speaking with Impact

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